



Rules – RIG 2018 – 5th Edition

1. Each team must be made up of 2 participants, which can be men, women or a mix of both.
2. Team members must remain together and within 50 feet (15 meters) of each other at all times.
3. Team members must follow the course during the segments where they are instructed to do so.
4. The team must be completely self-sufficient in regards to supplies, equipment and security. Therefore, it must always have all of the required equipment at all times. * See the list of mandatory equipment at the end of this document.
5. Teams must carry their GPS Beacon at all time from start to finish.
6. All teams are required to render assistance to each other in matters related to security.
7. The team must make sure to punch its passport as proof of passage. You are responsible to make sure that your punch card has been punched clearly for each PC during the race. Each non visible punch will be sanctioned with a time penalty corresponding to the number of PC not visible (see: penalties).
8. We will not tolerate littering during the race. A team caught infringing this rule will get time penalty. All the excrements must be dug at more than 10 m from a water plan and toilet paper must be taken with you to be put in a trash or in toilet later on.
9. All racers must sign a waiver provided by the organization before the start of the race.
10. The organization reserves the right to add rules specific to each race. The rules will be added to the Race document and racers are responsible for being aware of those rules.
11. All motorized is prohibited.
12. Sails and other non motorized propulsive mean are accepted, unless indicated otherwise in certain part of the race.
13. Camping at « Village des athletes » is mandatory for all teams Friday and Saturday night. This is done for security control and fairness to all teams.
14. Also for fairness, all racers have to sleep in tents on Friday and Saturday night. It's not mandatory for the assistants to sleep at the bivouac.
15. GPS and GPS watches are prohibited. **Only Watches giving ONLY the time will be allowed.**
16. The use of satellite or cellular phone is prohibited during the race. The phone must be use only for security matters.
17. Teams must do the check points and transition in the order stipulated in the road book
18. Assistance team can only help their team in the Start, finish and transition zones.
19. **Only one (1) assistance vehicle is allowed per team in the transition and camping zones. RVS AND TRAILERS ARE NOT ALLOWED.**

ENVIRONMENT PROTECTION – ECO-RESPONSABILITY

19. The Gaspésie International Raid has implemented an eco-responsible plan and the teams commit to respect it, notably on the following elements:

- No waste or any object abandoned in nature, keep the camping sites clean.
- Respect the natural environment, don't break branches or remove natural features in order to ease or to make your way shorter.
- Respect the private properties and the other people enjoying the natural environment: hikers, fishermen, etc.
- Rationalize as much as possible the displacements, avoid waste when purchasing.

In general, respect the eco-responsibility directives that could be given during the race.

PASSAGE

20. During the race, teams will pass through different property, private or public. Please respect theses places, stay alert regarding animals and never forget to close the gate or portal that you had to open.



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SECURITY

21. Teams participate in the event while complying with security rules. Whether they are event's rules or good sense and logic, all team members must act as responsible individual. The behavior of a participant must never endanger their own life or life of others. Any breach of these principles and rules bind the personal responsibility of the author and release the organization from all responsibility.
22. The equipment specified is considered the security equipment and is mandatory. It can be controlled by the organization at any other moment during the event.
23. It is mandatory to know how to swim to participate in the Raid International Gaspésie. By the only way of registering, the participant certifies being able to swim.
24. Any default of complying with assistance rules to an endangered person will be penalized with disqualification.
25. Weather and/or natural conditions, or due to the demands of managing the race, the organization may be in the obligation to stop some teams. In that event, the time will not be stopped.
26. The organization may decide to stop temporarily or permanently a team member. The non-observation of their instructions leads to penalty and release the organization from all further responsibility.
27. Procedure in case of rescue : When an helicopter, a boat, a quad vehicle or car is in sight, lay the survival blanket on the ground to signal your presence. A team member must make a YES sign, the arms forming a "V", if the rescue is required and whistle three consecutive times (long blow). He must make a NO sign with his arms (only one arm up) if it is not required. In case of emergency, any participant may inform the organization by satellite phone.
28. To resort to the assistance of the organization without justification may lead to a penalty, up to the disqualification from the race. The race jury will decide these penalties.
29. All team members are entirely responsible for their personal items and equipment. In case of loss, theft or damage of these items or equipment, the organization cannot be held responsible in any way.

MEDICAL EMERGENCY SERVICE

30. A team of first aid officer will be responsible for emergency medical service.
31. The First Aid officers of the organization are either positioned in an area considered important by the organization, either they are mobile with a vehicle when it is more appropriate.
32. A team may be neutralized for «medical reasons» (accident, incident, fatigue, etc.) at its own demand or by decision of the organization. In these instances, time will not be stopped and the team will have to comply with the instructions of the organization.

WITHDRAW

33. In case of withdraw, team member must inform the organization satellite phone or by going to the closest transition area and informing an official.
34. Non-compliance to this obligation may lead to, if search rescue is organized, to the financial responsibility, in civil and penal law, of the participant that did not take the necessary actions to indicate their position. Non-compliance to this obligation will release the organization from all responsibility and, therefore, of any judicial or penal action.
35. In case of a rescue request, all team members must wait the arrival of member of the organization team or a security official of the organization.

CLAIMS – RACE JURY

36. Claims must be made in writing at the assistance area following the portion of the race where the team wants to file a claim. A fee of 200 \$ is charge for any claims.
37. Claims will be examined by the jury who will hear, if it is deemed necessary, the participants affected by the claim.



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38. The jury is made up of the following: one representative of the event organizing committee, one representative of the technical team, one representative of the event commission and any person from which the presence is deemed useful by the members of the jury.
39. The jury ensures that participants comply with the event's ethics. It is the only judging party of the breach to the rules. It hears and assesses the claims made by participants. It can give penalty for any breach of the rules.
40. The technical team from the organization on the field is under oath. Their testimony in front of the jury is deemed authentic.

PARTICIPATING TERMS

41. Participants confirm that they are participating in the Raid International Gaspésie with full knowledge of the facts and accept the difficulty and the risks that this event may create, and state that their preparation is appropriate to the level of difficulty of the event and that they have the physical, technical and moral capacity to participate to the event.
42. Participants state that they have read the rules and other documents, combined to form the rules and regulations of the event, and accept its terms without reservation, accept the security structure that the organization has put in place, that they are responsible for any accident, whether to the equipment, their body, their health, or any illness related to this event, directly or indirectly caused by their participation in the event, that may happen to them or that they could cause to others.
43. Participants are truly committed to not officially assign responsibility, now or in the future, to the organizing committee, particularly in the event of accident, whether to the equipment, their body, their health, or any illness related to this event, directly or indirectly caused by their participation in the event, that may happen to them or that they could cause to others.
44. The organization not being a member of a Quebec sport association, it is not subject to the rules and regulations of any Quebec sport. Therefore, participants accept that the only standards enforced during the Event are, respectful of applicable laws, the ones stipulated in the rules book, its appendices and other documents included herein, and the instructions given by the organization. Participants accept especially that the events of Raid International Gaspésie are not systematically in accordance with the rules of different sports associations. Participants know the specific risks related to this kind of event and fully accept them, and release the organization from any responsibility.

ANTI-DOPING

45. The Organization of the Raid International Gaspésie fully participate in antidoping fight. In that perspective, all applicable texts on the matter from the Canadian Antidoping Agency are fully recognized and applicable during the event. Furthermore, any doping will lead to, besides the actions described in the applicable texts by the organization, the following actions that will be applied to the participant convicted of doping and to the other members of his team, association, structure, partners and sponsors, and their representatives, jointly and indefinitely.
46. Life ban of participating in the different Endurance Adventure events or any other events, existing or futures, organized by the organizing committee of Raid International Gaspésie.
47. Release of this information to the all the organizers of raid or adventure race in the world and request to them to apply the same penalty.



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KEEP IN MIND THAT YOUR ATTITUDE CAN HELP OR BE HARMFULL TO THE ORGANIZATION. IF YOU WISH TO CONTINUE
RACING RAIDS, KEEP SMILING AND
DON'T LEAVE TRACES OF YOUR PASSAGE. THANKS!

In case of not respecting these rules, team will get penalties or will be disqualified.

DISQUALIFICATION

- False identity or lie about capacities of a racer.
- Not respecting traffic regulation.
- Using non authorized means of transportation.
- Destroying the environment.
- Excessively aggressive behaviour.
- Non loyal attitude, destruction, sabotage.
- Non-assisting someone in danger.
- Pollution, fire, degradation, vandalism while or after the race.
- Racing with a dangerous inadpated attitude
- Planified external Assistance where it is not allowed.
- Non sportive attitude (ex : cheating, complaining all the time, etc.)
- No Passing by an organisation mandatory point (transition, camp).

PENALTIES

Asking for organisation's help without a good reason.	1h00
Littering anywhere and anytime during the race.	3h00
Security equipment not respecting standards	2h00
Other missing piece of equipment.	30min.per item
Racing too far from each other (more than 15m) anytime.	30 min.
Non observation of organisation's instructions.	2h00
Not respecting security rules.	4h00
One missing punch (P.C.) in the passport (day 1 to 3) .	3h00
One missing punch (P. C) in the passport (Prologue)	1h00



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It is forbidden to punch the passport without the presence of the entire team.	1h00
Dangerous or inappropriate race or attitude	DSQ
Planified external assistance where it is not allowed.	DSQ
Non sportive attitude (ex : cheating, complaning all the time, etc.)	DSQ
Not Passing by an organisation point (transition, camp) or Not camping during one night.	DSQ
Lost Punch Card	Last team time + 3 hours
Lost Road book and/or map.	Min: 3h00 (to be determined by the organisation according to the race advancement)



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COMPULSORY AND RECOMMENDED EQUIPMENT

Compulsory equipment for each participant anytime (from start to finish)

- Whistle
- Head lamp
- Survival blanket
- First Aid Kit
- Waterproof bag with warm spare clothes
- Compass

Compulsory equipment for each participant for bike sections

- Mountain bike
- Approved bike Helmet
- Front headlight for bike
- Red flashing taillight

Compulsory equipment for Canoe sections

- 1 canoe (no kayak)
- Approved Lifejackets (auto-inflating or inflated lifejackets are forbidden)
- Nautical Safety Knife
- 1 rope bag with a 15 m floating rope for nautical security easy to throw, per team

Compulsory equipment for rope sections

- 1 Full equipment per team:
 - Climbing harness
 - 2 dynamic lanyards + 2 simple carabiners
 - Type 8 or ATC Descender with a screw or autolock carabiner.
 - 1 Prussik (7 mm rope) with a screw or autolock carabiner.
- 1 Climbing or Bike Helmet



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Compulsory equipment for camping (managed by the assistance crew)

- Tent
- Sleeping bags (1 per person)
- Mattresses
- You have to be autonomous on the camping sections (water, food, portable stove, etc.)

Material supplied by the organization

- Watercrafts (canoes and paddles) will be provided by the organization upon request.
- The participants can bring their own CANOE and paddles

Remark: The racers and assistants must carry all the material (bikes and canoes included). There will be no collective transport for canoes like in 2016.

Strongly recommended equipment

- Wetsuit for the swimming sections in river and sea and for the canyoning activities. The water is lower than 7 degrees Celsius.

Signature du Capitaine de l'équipe, Date

Nom en lettres moulées

Nom et numéro de l'équipe